



5 STEPS TO TEACH YOUR HORSE ANYTHING WORKBOOK





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3rd Edition (April 2024)

Gender Note: Throughout this eBook, we refer to all horses as male (he/him). It just makes it easier than having to say him/her, he/she every time. No discrimination was intended by this choice.

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INTRODUCTION

Welcome to the '5 Steps To Teach Your Horse Anything Workbook.' This guide is designed as a follow-up to our webinar, providing you with some practical tools to apply what you've learned.

What's Inside?

A Quick Recap of the 5 Steps: Get a speedy reminder of the five easy steps we talked about in the webinar.

Horse Training Planner: A tool to help you break down the training goals for your horse into small, manageable steps.

Marker & Timing Games: Fun exercises to get super good at using a Marker and perfect your timing.

Easy Training Treat: A simple recipe for a training treat that is suitable for all horses.

The Workbook is meant to be used alongside the knowledge gained from the webinar.

Happy Training!



5 STEPS TO TEACH YOUR HORSE ANYTHING

1

START SMALL

2

ASK

3

RESPONSE

4

MARKER

5

REWARD

NOTES :



HORSE TRAINING PLANNER



For: _____

Date: _____

GOAL:

THINGS HORSE CAN ALREADY DO:

RESOURCES NEEDED:

LARGE TRAINING STEPS

SMALL TRAINING STEPS

↳	_____
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MARKER PRACTICE TIME

Here are some exercises that will help improve your training and timing skills.

1. Mark a Ball

The simplest way to improve your timing is to throw a ball up into the air. Then try and use your Marker just before the ball comes back down again.

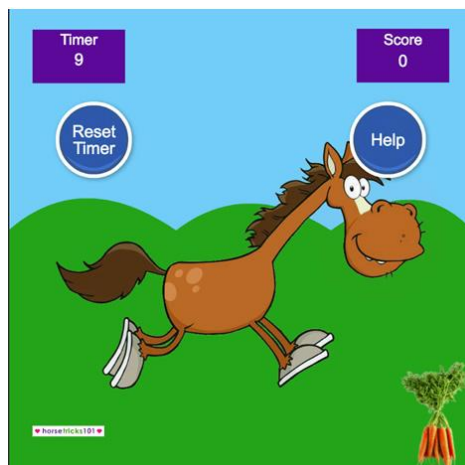
2. Mark a behavior while watching TV

When watching your favorite TV program, use your Marker whenever you see a particular behavior. For example, every time someone in the show turns their head, mark that behavior. This is also good practice for noticing specific behaviors.

3. Horse Marker game

This is a simple, fun game to help with your timing skills.

Click on the image or link below to go to the game page.



<https://www.horsetricks101.com/horse-clicker-game>



Horse Flax Snaxs

A RECIPE FROM THE HORSE TRICKS CLUB

Ingredients

- ½ lb (225g) of ground flaxseed (linseed)
- 1 tablespoon of cinnamon
- 1 cup of hot water
- ¼ cup of unsweetened applesauce

NOTES

Leave out the apple sauce and just add a bit more hot water for a healthier / low GI treat.

Put the squares in an airtight container in the refrigerator for storage.

Method

- Preheat oven to 350 °F (180 °C).
- Mix flaxseed, cinnamon and apple sauce together in a bowl.
- Add hot water and stir well.
- Cover a tray with baking paper.
- Spread mixture on tray. The thinner you spread the mixture the crunchier the treats will be after baking.
- Cut into squares BEFORE you bake the biscuits. They are hard to cut once they are baked.
- Bake for 60 minutes for chewy treats and 70 minutes for crunchy treats.

Ready to continue your horse training journey?

If you want to build a deeper bond with your horse, increase trust and enhance their focus through a fun and engaging online training program, **Horse Tricks Club** is the place for you.



Inside Horse Tricks Club, you will discover...

- 100's of Activities and Tricks to Inspire You and Your Horse.
- Comprehensive Step-by-Step Video Training: From Newbie to Master.
- Expert Guidance from our Kind & Understanding Trainers.
- Friendly & Supportive Private Community (over 900 members).



Eager to know more about the Club? Just trot on over here...

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Horse Tricks Club is designed to lead you and your horse on a remarkable journey, from basic tricks to a deep, trusting connection, one step at a time!

